



HEALING & HELPING

MINISTRY UPDATE—SUMMER 2018



PASTOR MATTEK'S 2018 PREACHING SCHEDULE

- 6/3 Immanuel
Waupaca, WI
- 6/17 Peace
Wautoma, WI
- 6/21-24 LWMS
Green Bay, WI
- 7/8 St. Peter
Eldorado, WI
- 7/8 Zion
Van Dyne, WI
- 7/22 Peace
Milbank, SD
- 7/22 St. Johns
Summit, SD
- 7/29 Peace
Ostego, MI
- 8/12 St. John
Manitowoc, WI
- 8/19 Immanuel
Sault Sainte Marie, MI

Each year as I crisscross the United States and visit WELS and ELS congregations, I have the awesome opportunity to share the blessings our ministry has experienced. At each congregation, I talk about the compassionate work that we do each day: counseling those who are hurting, and caring for seniors as they age.

At each congregation I visit, I hear personal stories about how WLCFS-Christian Family Solutions has helped families and individuals. One man approached me after a service and said, "I'm married, and I have children. I'm gay. I want to thank your counselor for helping me to live the way God wants me to live." Clinical counseling, combined with the power of God's Word, can change lives.

If I haven't visited your church, I would love to come share more about our life-changing services with your members. Please contact me at [jmattek@wlcfs.org](mailto:jmattek>wlcfs.org) or **414.254.3916** if you would like me to preach and conduct Bible study at your congregation.

I thank God for his blessings, which have sustained this ministry for over 50 years. It is my prayer that God showers his blessings on us for years to come, so we are able to continue our work of healing and helping.

May God bless you and all those you serve!

Please see the back for a list of our services.



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WISCONSIN LUTHERAN CHILD & FAMILY SERVICE, INC.

OUR HEALING & HELPING MINISTRIES

Services Offered at WLCFS-Christian Family Solutions

NEW INTENSIVE OUTPATIENT PROGRAMS

Offering a higher level of counseling care

What is an Intensive Outpatient Program (IOP)?

Often more intensive group counseling services are needed for those with deeper issues.

Our Intensive Outpatient Programs are unique in that they include a faith-based component to treatment.

IOP basics

- 3-hour group sessions, typically held 3-4 days per week
- Average group size: 6-10 members
- Treatment methods include Cognitive Behavioral Therapy (CBT) & Dialectical Behavior Therapy (DBT)
- Programs are available for adults and teens

What programs are currently offered?

Dual-Diagnosis Programs—For those who struggle with addiction coupled with mental health issues

Mindfulness-Based Programs—For those who struggle with depression, anxiety, trauma, and other mental health issues

Where are the programs located?

Programs are currently offered in Brookfield and Appleton, WI and Lakeville and Mankato, MN. Please contact us or check our website to see availability.

What are the steps to get started?

Please contact us at **800.438.1772**. For additional information, visit www.ChristianFamilySolutions.org.

COUNSELING SERVICES

What sets our counseling apart from others?

Our counseling services combine evidence-based therapeutic practices with the strength and comfort found in God's Word.

There are three ways to receive counseling:

Counseling Clinics—Counseling services for all ages in our community clinics and for students at our grade school, high school, and college clinics

Video Counseling—Counseling via secure video in states where we have licensed counselors

Member Assistance Program—A customized way for churches, schools, and organizations to provide counseling services for their members (in person at our clinics or via secure video from anywhere)

Visit our website for clinic and program locations.

SENIOR SERVICES

Home Care

Our compassionate and experienced caregivers provide individuals with assistance in their homes to help make their lives easier, while helping maintain the highest level of independence.

Senior Communities

Christian Family Solutions is blessed to have two senior living communities:

The Gardens of Hartford—assisted living in Hartford, WI

Wisconsin Lutheran Living Center—assisted living in Milwaukee, WI

CHILD & ADOLESCENT DAY TREATMENT PROGRAM

Many urban students struggle with undiagnosed mental health and behavioral issues, which can prevent them from learning and functioning in the classroom. Students in our day treatment program work with our team of professional staff for 3 hours per day, 5 days per week. The goal is to help students work through their issues so they can return to the classroom and begin to thrive academically, socially, and spiritually.